

# **Meeting Minutes for CRMS PTSA** by Kristin Rohlfs, CRMS PTSA Co-Chair due to the unavoidable absence of Beau Cornish, CRMS PTSA Secretary **General Body Meeting - Tuesday May 23, 2023**

## **ATTENDEES**

Kristin Rohlfs, Liz Salamone, Annie Shaffer, Xueya Cai, Qiuqing Wang

## **AGENDA**

### *Welcome and Call to Order*

- Kristin Rohlfs, Co-Chair – Welcome to guest speaker, Maggie Craig, the PCSD Middle School Mental Health Specialist. The topic was anxiety and worry in middle schoolers, Ms. Craig shared a presentation that gave insight into how to recognize when a student is struggling with anxiety, strategies for supporting a child with mental health challenges, and knowing when to reach out to additional resources for help. Ms. Craig also shared a resource sheet for CRMS families and it is attached to these minutes. Email [crms@pittsfordpts.net](mailto:crms@pittsfordpts.net) for a copy of the presentation.
- CRMS 7<sup>th</sup> grade student, Cerys Malouf, is passionate about adolescent mental health and recently created a [Student Mental Health Actions](#) resource website for a school project and asked PTSA to share it with parents. Great job, Cerys!

*Outstanding meeting minutes approved.*

*Financial Update* from Annie Shaffer – CRMS PTSA will end the year in good financial standing with funds to start next year.

### *Program Updates*

- Fun Nights – 7th Grade and 5go6 were a success! 6th upcoming; special 7th Fun in the Park upcoming; 8th Grade Bash upcoming

### *Welcome New CRMS PTSA Leaders for 2023-24!*

THANK YOU to Xueya Cai and Sue Grimm for stepping into the Chair and Co-Chair roles and Robin Blew for volunteering to serve as the Treasurer. The CRMS community appreciates you!

### *Open CRMS PTSA Chair positions for 2022-23*

Overall Fun Night Chair Shadow

DEI Liaison

Hybrid Meeting/Technology Coordinator

*Meeting Adjourned*